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|-------------|----------|
| Ride Name | Date |
| Ride Leader | Distance |

Bicycle Club of Lake County Release and Waiver of Claims for Personal Injuries and Other Damages

In signing this release for myself, and /or a named participant under the age of 18, I understand that the BICYCLE CLUB OF LAKE COUNTY, its officers and members, are not insurers of participant's personal safety during the above named activity. For myself and/or said minor, my (and minor's) heirs and assignees, I hereby waive all claims for, forever discharge, and agree to save harmless the BICYCLE CLUB OF LAKE COUNTY, its officers and members, from and all liability from having sustained personal injuries or property damage by reason of their negligence in furthering this activity. I have inspected my bicycle and know it to be in reasonably good and safe condition for the above named activity. I have an adequate and reasonable knowledge of what is prudent and safe bicycle riding and shall ride in that manner for my own protection and for the protection of others. I am aware and have knowledge of the State of Illinois bicycle rules of the road.

| | NAME (PLEASE PRINT) | SIGNATURE | CELL # W/YOU ON RIDE | EMERGENCY Ph # |
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