S. A. D. I. S. T. I. C. Training Rides

APPROXIMAT	E TOTAL TRIP MILEAGE WILL E	BE <b>11</b>	SECTION MILES	TRIP MILES
TEN MILE LOOP  from LIBERTYVILLE CIVIC CENTER				
	CHURCH STREET	east	0.38	0.4
Turn left on	SECOND STREET	north	0.23	0.6
Turn right on	OAK SPRING ROAD	southeast	1.22	1.8
Turn left on	ST. MARY'S ROAD	north	0.15	2.0
Turn right on	ATKINSON ROAD	east	1.92	3.9
Turn right on	WAUKEGAN ROAD	southeast	0.87	4.8
Turn right on	NORTH SHORE BIKE PATH	west	2.40	7.2
Turn left on	ST. MARY'S ROAD	south	0.18	7.4
Turn right on	OLD ROCKLAND ROAD	southwest	0.91	8.3
Turn left on	SEVENTH AVENUE	south	0.31	8.6
Turn left on	VALLEY PARK DRIVE	east	0.13	8.7
Blend right into	COUNTRY CLUB DRIVE	south	0.18	8.9
Blend right into	GOLF ROAD	west	0.12	9.0
Turn right on	FOURTH AVENUE	north	1.34	10.3
Turn left on	CHURCH STREET	west	0.15	10.5
	Option: Loop Again or Return			
Turn right on	SECOND STREET	north	0.23	
	on CHURCH STREET	west	0.38	10.9