

# Ride Guide 2024



Photo by Emily Steele

## The Ride Guide includes:

- Over 50 events in Illinois and the Midwest
- Links for quick, easy event registration
- Tips to stay safe on roads and trails
- Friendly, social bike clubs in Illinois
- Steps to make your community more bike-friendly

Developed by



**We're making Illinois better through biking!**

## 2024 Ride Guide

Hey Friend!

It's hard to top the sense of freedom, wonder, and excitement that your bicycle provides!

**Our 2024 Ride Guide** offers details about a collection of can't-miss events that will extend those good feelings throughout the year.

You're encouraged to register for your favorite events and at least one new event this year.

**Be sure to invite a friend or two!** Many rides raise funds for worthy causes, so by participating in an enjoyable event, you're also supporting the efforts of hard-working nonprofits and their staff.

The Ride Guide is shared with **thousands of individuals and nearly 200 local bike shops** in Illinois. In addition to ads for fabulous events, it includes a wealth of useful, practical information.

Ride Illinois is a member-supported, nonprofit bicycle advocacy organization focused on advocacy, education, and awareness. **Our mission is to make Illinois better through biking.**

- **If you are a Ride Illinois member, we appreciate you!** Our meaningful work is not possible without your support.
- **If you are not a Ride Illinois member, we invite you to join.** Together, let's make Illinois a safer, more enjoyable place to ride a bike for recreation, transportation, and everyday trips!

Wishing you all the best in 2024,

Ride Illinois staff and Board of Directors



Photo by Chicagoans Who Bike

**2 We're making Illinois better through biking!**

## Reasons to Become a Ride Illinois Member



You believe in the **MANY BENEFITS** of bicycling.



You want to make Illinois a **MORE BIKE-FRIENDLY** state.



You appreciate **THE WORK WE DO** on behalf of all bicyclists.



You want to **SHARE YOUR LOVE** of bicycling with others.

Visit [rideillinois.org](http://rideillinois.org) to join or donate





Ride Illinois is a **member-supported nonprofit organization** dedicated to making Illinois better through biking! Here are a few facts that measure our impact for more than 30 years:



Focused on bicycle advocacy, education, and awareness on behalf of Illinois residents.

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Developed public safety campaigns focused on safety and encouraging more trips by bike



Advocated for the 3-foot passing law, Dutch Reach, bikes on transit, and more

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Our free, online BikeSafetyQuiz has been completed by over 200,000 people in Illinois



Visit [rideillinois.org](https://rideillinois.org) to learn more about Ride Illinois and the ways we're working to make Illinois better through biking. If you value what we do, become a member or make a donation today to support our efforts. **Together, we can do more!**

### Education from League Cycling Instructors

- Do you want to learn to how to ride a bike?
- Do you want to improve your skills and confidence?
- Do you want to learn how to ride safely with traffic?

There are more than 50 League Cycling Instructors (LCIs) in Illinois that have been certified through the **League of American Bicyclists**. Learn more about Smart Cycling classes and find other useful resources at [rideillinois.org/safety/education](https://rideillinois.org/safety/education).

4 **We're making Illinois better through biking!**



## Specialty License Plates

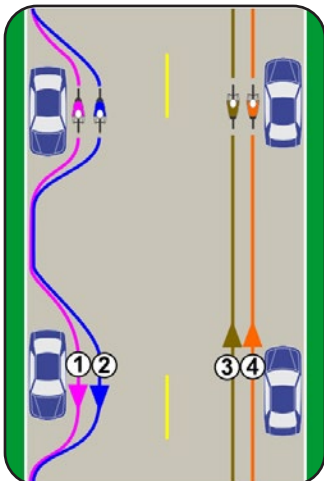


**Support safe bicycling even when you drive!** Most of the incremental fee for these state-approved specialty license plates fund Ride Illinois' education programs, such as BikeSafetyQuiz, the Ride Illinois Safely program, and development of other resources.

Visit [rideillinois.org/share-the-road-license-plates](https://rideillinois.org/share-the-road-license-plates) to learn more.

## BikeSafetyQuiz

Challenge your knowledge of relevant state laws, learn safety strategies, and help make our roads safer by completing our free quizzes. **Ride Illinois has developed quizzes for adult bicyclists, child bicyclists, motorists, and truck drivers.**



### Sample Question

**Which is the best path to take on a road with many parked vehicles?**

- ① magenta path
- ② blue path
- ③ brown path
- ④ orange path

Want to learn more?

Visit [BikeSafetyQuiz.com](https://BikeSafetyQuiz.com) today!

Visit [rideillinois.org](https://rideillinois.org) to join or donate

## Generous Corporate Members

Ride Illinois appreciates the support of the following businesses, foundations, and organizations for their generous contributions.

### Gold Level



**CBBEL PROUDLY SUPPORTS RIDE ILLINOIS**

**CBBEL**

Christopher B. Burke Engineering, Ltd.

Since the creation of our multi-award-winning Bike to Work Program in 2006, employees have ridden more than 450,000 miles. Commuting by bike promotes employee health and fitness, increases employee morale, helps the environment and makes our engineers better designers. Learn more at [cbbel.com](http://cbbel.com).

THE  
POWER  
OF  
BICYCLES

**SRAM**

## Generous Corporate Members

**Corporate Members** promote bicycling for all ages and abilities around the state. They also assist with Ride Illinois' advocacy efforts.

### Silver Level



**Specializing in artisan roasted coffees for individuals, businesses, cafes and offices. Ask about our wholesale programs.**

**Visit us in store or online!  
352 E Irving Park Rd, Roselle  
[mapleleafroasters.com](http://mapleleafroasters.com)**

**Proud supporters of Ride Illinois since 2020**

Save lives.  
**SAY YES!**

Be an organ, tissue & eye donor.

Register your decision today  
at [giftofhope.org](http://giftofhope.org)



Visit [rideillinois.org](http://rideillinois.org) to join or donate



## Generous Corporate Members



# Partner in Advocacy

**Bike Facility Experts** — Civiltech specializes in bike facility planning, design, and construction. Whether it is sidepaths, on-street bike lanes, cycle tracks, neighborhood greenways, shared-use trails, or underpasses and bridges, we design high-level facilities that make streets friendlier and safer for bike riders.



[civiltechinc.com](http://civiltechinc.com)



# FKLAW ILLINOIS



"A personal injury law firm representing & advocating for bicyclists, pedestrians & vulnerable road users throughout Illinois."

**Freeman Kevenides Law**

Chicago, Illinois  
312.629.1901

**Generous Corporate Members**



**Generous Corporate Members**

**Edward Jones®**

**MAKING SENSE OF INVESTING**

Yev Kozachuk – Financial Advisor



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A **PLAYCORE** Company

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**Bronze Level**

*SP* **EPSTEIN**



Exclusive Representative for Most Dependable Bike Repair Stations



## Generous Corporate Members

### Partner Level

**How Are You Getting Home?**



**ILLINOIS TRAIL SHUTTLE**



**Illinois Trail Shuttle**

Palatine, Illinois, 60067



**VOLTON**  
ELECTRIC BICYCLES



eBikes Designed, Assembled and Served in Illinois since 2011

6042 Oakton St., Morton Grove, IL  
**1-(855)-4VOLTON**  
voltonbicycles.com



Learn more at [rideillinois.org/corporate-members](https://rideillinois.org/corporate-members)

Visit [rideillinois.org](https://rideillinois.org) to join or donate

## Building a Bike-Friendly Community

Positive change starts with just one person. **That person might be you!** Below are some recommendations for building a bike culture and making your community more bike-friendly.

-  Plan a **meet-and-greet with neighbors** to discuss the good and bad about biking in your community
-  Collaborate with **local businesses** to encourage biking to their establishment
-  Request **secure, accessible bike parking** in key locations
-  Identify a **champion in your local government**. Request a meeting to discuss your concerns and suggestions
-  **Chat with your library** about ways to promote biking for everyday trips. Libraries love bikes!
-  Share **BikeSafetyQuiz** with bicyclists and motorists to **increase safety and awareness** for all road users
-  Plan an event for **National Walk Bike & Roll to School Day** on May 8 or organize a bike bus
-  Organize a fun, casual, family-friendly ride between September 6-15 for **2024 Let's Ride, Illinois**
-  **Support local, state, and national organizations** that work to make riding a bicycle easier, safer, and more accessible
-  **Lead by example**: use your bicycle for common, everyday trips! Also, be sure to obey the traffic laws

Contact Ride Illinois at [info@rideillinois.org](mailto:info@rideillinois.org) for more tips and info. Also, learn about our Regional Action Team volunteer program at [rideillinois.org/advocacy/regional-action-teams](https://rideillinois.org/advocacy/regional-action-teams).

# Tips for Everyday Trips

## Useful reminders for safe travels

### When driving a motor vehicle

- Buckle up
- Put the phone away
- Obey signs, signals and the speed limit
- Slow down for pedestrians and bicyclists

### When riding a bike

- Check the Air, Brakes and Chain (ABCs)
- Obey signs and signals
- Be mindful of pedestrians
- Don't use ear buds or headphones

### When on foot

- Pay attention to traffic
- Cross in marked crosswalks
- Heads up, phone down
- Be extra careful near driveways, intersections, and alleys

Courtesy of



[rideillinois.org](http://rideillinois.org)

## Your safety is important to us!

Support our work to make Illinois roads safer for everyone. Learn more at [rideillinois.org](http://rideillinois.org).

Visit [rideillinois.org](http://rideillinois.org) to join or donate



## 2024 Route to Ride

Sure, organized rides are lots of fun. But do you sometimes get that itch to break away and explore a new route – either on your own or with friends and family?

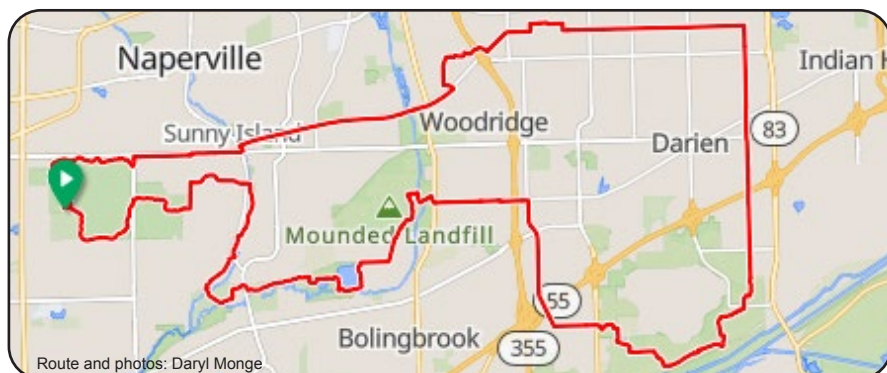
Ask and you shall receive! A Ride Illinois member was happy to share a fun, interesting route to explore by bike! Heck, they even included some must see destinations to enhance the experience. All routes that we've curated over the past few years can be found at [bit.ly/Routes2Ridell](https://bit.ly/Routes2Ridell). Enjoy!

### Practically Perfect Preserves & Parks

The Practically Perfect Preserves & Parks route is a 45-mile tour through the west/southwest suburbs of Chicagoland taking in quite a number of local parks, trails and forest preserves. About 30 miles of this route is on paved surfaces and 15 miles of well-packed limestone trails. About 20 miles is on local roads but all are officially designated bike routes usually with marked lanes. For those concerned with biking on the road, there is one stretch of Clarendon Hills Rd where the designated bike route is somewhat narrow, so take extra care.

- **Distance:** 45 miles
- **Surface:** Mostly paved and some crushed limestone trail

 **Download Route**



## 2024 Route to Ride

A major feature of this route is the Southern DuPage Regional Trail from Naperville to Clarendon Hills. You will pass through or along 5 forest preserves of DuPage and Will County as well as 12 local parks. Water locations are marked on the provided map.

There are so many parks along this route that you have a wide variety of alternate start points other than the official map. Some notable ones are the Prairie Trail Park for those coming from the North or East of the route at 59th Street and Clarendon Hills Road and the East side Parking lot of Waterfall Glen for those coming from the South or South East.



An odd corner turn on the Southern DuPage County Regional Trail



The Waterfall Glen entry looks like a dead end. The trail entrance can be hard to see.



Des Plaines River scenic overlook at Waterfall Glen

## 2024 Route to Ride

For those who are more comfortable riding in traffic, some trails have adjacent safe roads such as Hobson Rd and 83rd St. For example, those two roads are three lanes wide with the center lane largely for turns leaving ample room for traffic to pass safely.

Except for a few spots, climbing is relatively gentle. Waterfall Glen contains the majority of the steeper sections, but they are not long.

The provided route map has turn-by-turn directions as well as photos and commentary for important or confusing areas or intersections.

And of course, no route through Waterfall Glen would be complete without going on the south side route to see the actual waterfall!



There's a waterfall in there! An example of a nice spot to view Sawmill Creek and one of the waterfalls in the preserve.



## If You're in a Crash



Bicycle crashes are relatively rare and, thankfully, most injuries tend to be minor. But crashes involving motor vehicles do happen and can be traumatic. Here is some useful advice to keep in mind if you're involved in a bicycle crash.

**Remain Calm:** If you are involved in a crash involving a vehicle, it's best to remain calm and assess the situation. Unruly, angry behavior toward the driver can turn public opinion against you. Treat the experience as an unanticipated business transaction. You don't want witnesses or police to focus on your bad behavior following the accident.

**Call the Police:** Dial 911 immediately! If you are unable to do so, ask someone nearby to make the call. Most jurisdictions require a police report when there is a crash with an injury. Also, be sure to carry your ID and health insurance card with you on every ride. When an officer arrives, get their contact information or business card for future reference.

**Seek Medical Attention:** Crashes are unplanned, inconvenient, and traumatic. It is often difficult to know immediately after a crash if you are injured. It can take a little while for adrenaline to wear off and inflammation to set in. If injuries show up later, the driver may suggest that your injuries must have been caused somewhere else if you did not seek medical attention while at the scene of the crash. When in doubt, go to the emergency room!

**Collect Witness Information:** Be sure to collect the names, phone numbers, and addresses of witnesses. Ask someone else to collect this information if you are not able to do so. In some instances, a police report does not list any witnesses. In a case where the question of fault depends on your word against the driver's, an independent witness makes all the difference!

**Collect Driver Information:** Collect the contact and insurance information from the driver. Also, collect the same information from any passengers. Do not negotiate with the driver of the vehicle at the scene, regardless of who may be at fault. Also, don't make any statements to the insurance company before speaking to an attorney.

**Take Photos:** Don't move your bike before taking photos! If possible, it's best to leave the scene untouched until police arrive. Also, take photos of visible injuries, the scene, and any damage to your bicycle or other vehicles involved.

**Preserve Evidence:** Your bicycle, clothing, helmet and any other items damaged in the crash is evidence and, as such, should be preserved and documented.

## The Ride Illinois Community

Ride Illinois wants to build community on bikes across the state and **we want you to be part of the Ride Illinois community!** We don't care how far or often you ride, whether you ride a bike for recreation or transportation (or both), what kind of bike you own, where you ride or your Strava stats. Let's pedal forward together! **Use #ridellcommunity on your social media posts.**

# #ridellcommunity



## Ride Illinois Merchandise

Check out a wide variety of swag, gear and other items to **show your support of Ride Illinois!** Yard signs, magnets, neck gaiters, jerseys and more are available on the **shop on our website.**



A wide variety of items are available on our **Redbubble shop!**





## Useful Resources

Visit the **Ride Illinois website** for a wealth of useful resources to help you ride more often, stay safe, and enjoy the ride!

- Illinois Bike Laws
- Public Safety Campaigns
- Bike-Friendly Illinois Map
- BikeSafetyQuiz and Ride Illinois Safely Program
- Materials Request Form
- Maps and Guides
- State and Federal Bicycle Bill Tracker
- Our Response to Fatal Crashes
- And much more!

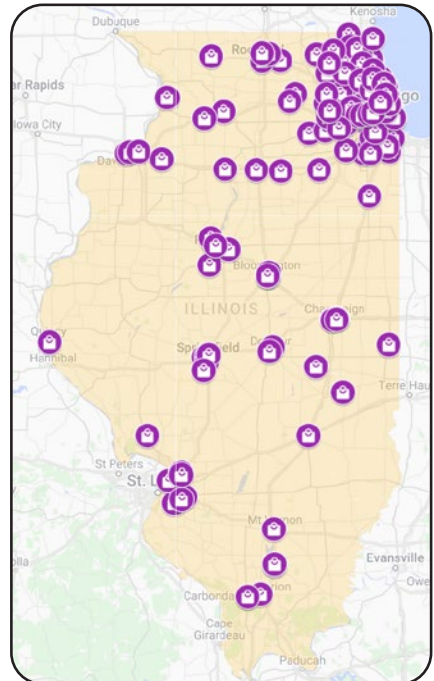
## Support Your Local Bike Shop

Illinois is home to about **200 local bike shops** located around the state!

Visit our user-friendly, online **Bike-Friendly Illinois Map** to find a bike shop near you.

Local bike shops and their staff have the products and knowledge for new and returning cyclists, as well as those who have been biking for many years.

We encourage you to support local bikes shops whether you're purchasing a bike, getting a bike repaired or picking up some accessories. **Please support small businesses and shop local!**



Visit [rideillinois.org](https://rideillinois.org) to join or donate

## Safety Tip: ABC Quick Check

### A is for Air

- Inflate tires to the pressure listed on the side of the tire
- Use a gauge to insure proper pressure
- Check for wear and tear; replace damaged and worn tires



### B is for Brakes

- Inspect pads for wear and replace worn pads
- Check pad adjustment; make sure they do not rub
- Make sure you can fit your thumb between the brake lever and handlebar when the brakes are squeezed

### C is for Cranks and Chain

- Pull up and down on your cranks. Tighten loose bolts
- Check your that your chain is free of rust and gunk

### Quick is for Quick Releases

- Make sure all quick release levers are closed
- Make sure levers are pointing to the back of the bike

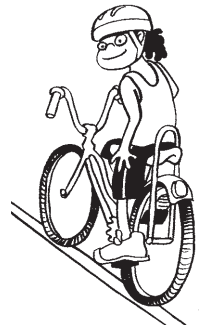
### Check is for Check It Over

- Take a short ride to make sure all's well before leaving home

## Safety Tip: Scanning

**Scanning allows you to avoid dangerous situations before they happen.** This skill also communicates to others that you are about to maneuver to another position or change lanes.

Get comfortable looking over your shoulder to see who or what's behind you – without swerving! Occasionally **checking behind you will increase your safety** when biking on roads and trails.



## Affiliated Bike Clubs & Community Organizations

Ride Illinois would like to recognize these **fun, social bike clubs and community organizations** for their generous contributions:

### Platinum Level

Bicycle Club of Lake County  
 Blackhawk Bicycle & Ski Club  
 Evanston Bicycle Club  
 Fox Valley Bicycle & Ski Club  
 Joliet Bicycle Club  
 McLean County Wheelers  
 Quad Cities Bicycle Club  
 Springfield Bicycle Club

### Silver Level

Arlington Heights Bicycle Club  
 Clydesdale Cycling  
 Downers Grove Bicycle Club  
 Elmhurst Bicycle Club  
 Folks On Spokes Bicycle Club  
 Friends of Cycling in Elk Grove  
 McHenry County Bicycle Club  
 Z Tour

### Bronze Level

Champaign County Bikes

Chicago Area Tandem Society  
 Chicago Cycling Club  
 (CU)rbanism Club  
 Cycle Brookfield  
 Decatur Bicycle Club  
 GOATS Bicycle Club of Galena  
 Kish Bike and Rec Club  
 Out Our Front Door  
 Schaumburg Bicycle Club  
 Starved Rock Cycling  
 Association  
 Team224, Inc.  
 Wheeling Wheelmen

### Friend Level

Boxing Out Negativity  
 Gateway East Trails  
 Rock River Valley Bicycle Club  
 Villa Park Bike Pedestrian and  
 Transit Subcommittee  
 We Keep You Rollin' Bike &  
 Wellness Group



Photo by Clydesdale Cycling

Visit [rideillinois.org](https://rideillinois.org) to join or donate

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Date	Ride or Event	Location	Organizer	Pg
<b>March</b>				
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March 17	St. Patrick's Day Ride & Ride to Sullivan	Chicago	.Out Our Front Door	26
<b>May</b>				
May 4	Ride the Ups & Downs	Elizabeth	G.O.A.T.S. Cycling	27
May 4	Tailwind Century Ride	Moline	Quad Cities Bicycle Club	28
May 4	Tour de Stooges	Lebanon	Gateway East Trails	29
May 4-5	What Lies West	Chicago	Out Our Front Door	26
May 11	Multiple Sclerosis Day Ride on The 606	Chicago	Out Our Front Door	26
May 15	Ride of Silence	many locations	Ride of Silence	--
May 17-19	Illini Weekend Getaway	Champaign	Bicycle Illinois	33
May 17-19	The Good Land: Bike Tour to Milwaukee	Chicago	Out Our Front Door	26
May 26	McHenry County Century Ride	Lake in the Hills	True Blue Dogs/People for Parks	30
<b>June</b>				
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June 22-23	Free Essential Workers Bike Camping Trip   Shabonna	Chicago	Out Our Front Door	26
June 29-30	Train O Lakes	Chicago	Out Our Front Door	26

Date	Ride or Event	Location	Organizer	Pg
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July 6-12	Bike Northwoods Tour	Manitowish Waters, WI	Bike Wisconsin	33
July 7	Swedish Days Ride	Sugar Grove	Fox Valley Bicycle & Ski Club	40
July 11-15	South West Michigan 4 Night Ride	Chicago	Out Our Front Door	26
July 14	Biking with Beanzie	DeKalb	Kishwaukee Kiwanis of DeKalb	41
July 14	Tri-State Tour #1	Whiting, IN	Bicycle Illinois	33
July 19-21	Shabbona Woods Family Bike Campout	Chicago	Out Our Front Door	26
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<b>August</b>				
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Aug 3-4	CowalUNGa	Gurnee	Respiratory Health Association	43
Aug 3-9	SAGBRAW	Wisconsin Dells, WI	Bike Wisconsin	33
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Aug 16-18	Blackwell Forest Preserve Family Bike Campout	Oak Park	Out Our Front Door	26
Aug 17-18	Ride Across Wisconsin	La Crosse, WI	Wisconsin Bike Fed	45
Aug 17-23	Bicycle Illinois	Cairo	Bicycle Illinois	33
Aug 24	Busse Woods Night Ride	Elk Grove Village	Friends of Cycling in Elk Grove	46
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Aug 30-Sep 1	Waterways To The West: Chicago to Starved Rock Bike Tour	Chicago	Out Our Front Door	26



Photo by Carl Anderson



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Sept 9-10	Ride to Valhalla: 4 Day Ride Door County Wisconsin	Chicago	Out Our Front Door	26
Sept 14	Heartland Tour	Geneseo	Quad Cities Bicycle Club	28
Sept 15	North Shore Century	Evanston	Evanston Bicycle Club	49
Sept 21	Amish Country Bicycle Tour	Arthur	Decatur Bicycle Club	50
Sep 28-29	Cycledelic Endurance Challenge	Chillicothe	Clydesdale Cycling	51
Sep 28-29	Do it Yourself   Shabonna	Chicago	Out Our Front Door	26
<b>October</b>				
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Oct 5-11	Will to Ben	Port Byron	Bike Wisconsin	33
Oct 12-14	Camp Sullivan Indigenous People's Day - Family Bike Camp Out	Chicago	Out Our Front Door	26
Oct 19-20	Autumn Sun Harvest: Bike Tour to Illinois Beach State Park	Chicago	Out Our Front Door	26
<b>November</b>				
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<b>December</b>				
Dec 7-8	Decemberg: Winter in the Woods	Chicago	Out Our Front Door	26
<b>January 2024</b>				
Jan 20	North Lawndale Racial Justice Ride	Chicago	Equiticity	53



Photo by Alicia Lane

**WHEELING WHEELMEN**

# St. Patrick's Day Ride

WHEELING WHEELMEN

ChicagoLand's  
Road Ride  
Season Opener



Wheeling Wheelmen  
supports Working Bikes

# SUN MAR 17th 2024

Wauconda High School, 555 N Main St, Wauconda IL

36mi • 20mi • 16mi • Routes

through beautiful Lake County in northern Illinois

Treats, cookies, coffee, hot chocolate and cider served.

Registration 8:00AM to 10:30AM

Routes open 8AM, close at 1PM. Full SAG support.

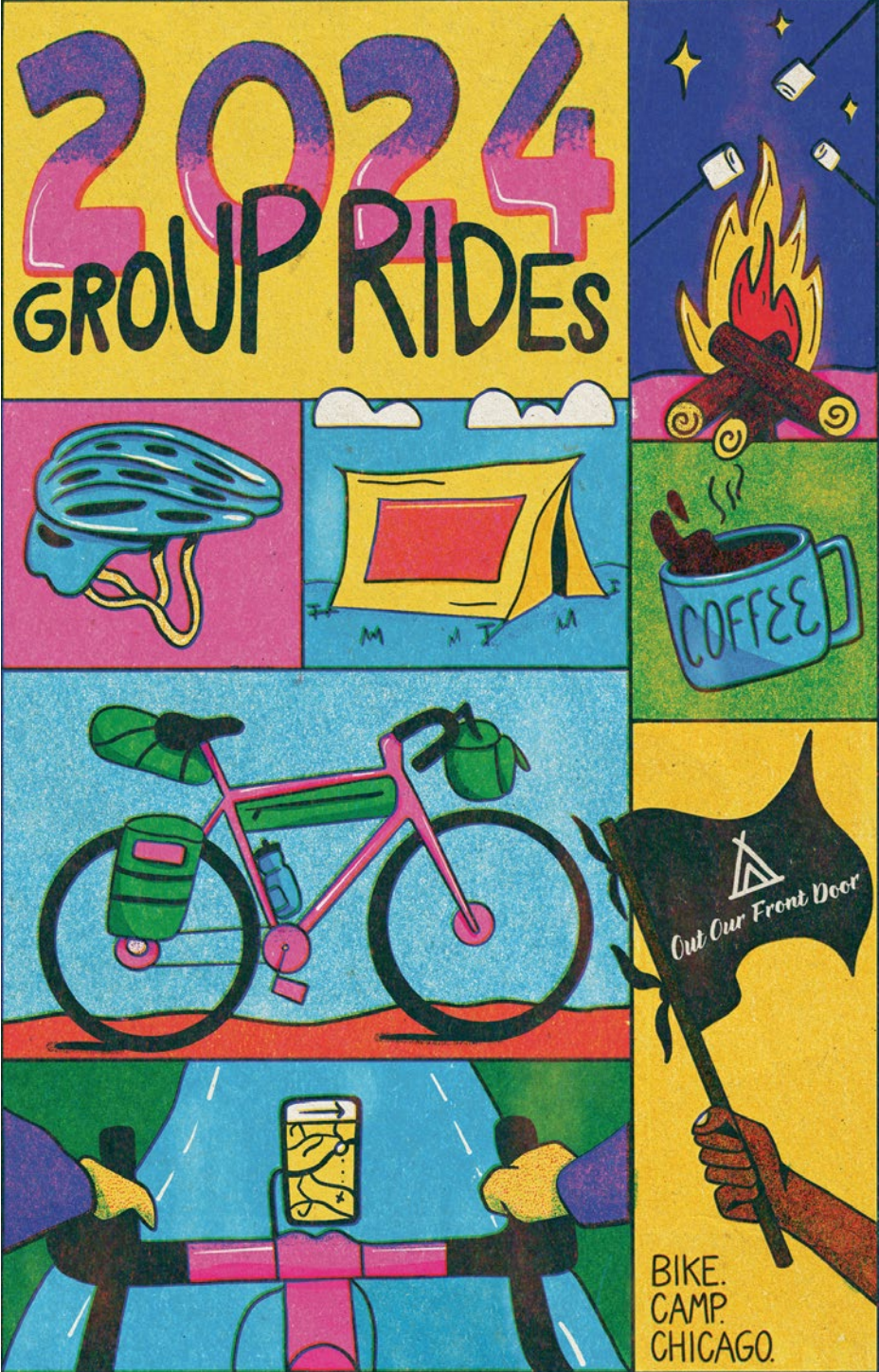
\$10.00 fee cash/check - Children under 12 FREE

Day of event on-site registration only.

Registration forms at [www.wheelmen.com](http://www.wheelmen.com)



[www.wheelmen.com](http://www.wheelmen.com)





# Make memories on the hills of Jo Daviess County



**Saturday, May 4, 2024**

*Free pair of GOATS socks with advance registration!!!*

**Routes: 32, 52 and 63 miles**

Includes map/cue sheets; marked routes, SAG support; rest stops **WITH** freshly baked homemade cookies.

**Information/registration:**

[goatscycling.com/events](http://goatscycling.com/events) or  
[bikereg.com/ride-the-ups-and-downs](http://bikereg.com/ride-the-ups-and-downs)

**Enjoy the beauty & hills of Jo Daviess County!**

Questions? Email: [goatscycling@gmail.com](mailto:goatscycling@gmail.com)



## Quad Cities Bicycle Club

MAY 4  
OCT 5



QCBC

## Tailwind Century Ride

Spring and Fall

Nothing like riding 100 miles with the wind on your back!  
Riders take bus from Moline to start of route in IA or IL  
Route determined by wind forecast. Lunch served.

## Tour de Heartland



Geneseo Brewing Co. is used as base for four loops of a clover leaf route on lightly traveled, scenic roads. Ride as many loops as you wish or pedal all four to complete a century.

Enjoy great food, music & beverages!

SEP 14

INFO: [www.qcbc.org](http://www.qcbc.org)





Presents the 27<sup>th</sup> annual...



SAG support provided by:

**Bicycle Ride, Saturday, May 4, 2024**

**McKendree University, Lebanon, IL**

**13 • 27 • 46 • 62 • 100 mile routes**

(Hey, wiseguy! Pick two!)

**Ride the trail made possible by Stoooges proceeds!**

Beautiful rural roads, tasty cookies, Three Stoooges selfies, all-you-can-eat buffet and lots of Stoooges videos!



Register @ **[tourdestooges.org](http://tourdestooges.org)**

**Reasonable rates!**

- \$35 for adults (\$40 day of ride)
- \$20 for children ages 5-12 (\$25 day of ride)
- \$80 Family pack for 2 adults & 2 children (\$90 day of ride, \$15 each additional child)

**Good eats!**

- Buffet 11 a.m.-2 p.m. at McKendree.
- Rest stop goodies to make you smile
- Bike corrals for your steed's safety

**Ride in style! Order a Stoooges ride T-shirt: \$16**

(Only advance orders guaranteed a shirt. Day of ride, you *might* find a past year's T for \$5)

**Proceeds benefit trail building! See online how to get 10% donated to your bike charity!**

# MCCOR

McHENRY COUNTY CENTURY RIDE

Distances from 26-100 miles  
Sunday, May 26, 2024  
Lake in the Hills, IL



[www.rpbytrudy.com](http://www.rpbytrudy.com)



## Arlington Heights Bicycle Club

The Arlington Heights Bicycle Club provides a variety of weekly rides for the beginning, intermediate and advanced cyclist. For a list of rides and information about club events, visit our web site at: [www.cyclearlington.com](http://www.cyclearlington.com)

The Arlington 500 is a recreational bike ride on the scenic roads of Lake County. In 2024, we offer all new routes of 19, 41, 65, 87 and 100 miles.

The Arlington 500 is a fully supported ride. You get all this on every route!

- Well marked routes
- Downloadable GPS route and/or cue sheet
- Ride with GPS voice directions
- Bike shop support at start and rest stop
- Rest stop with food/beverages until 3:00 p.m.
- SAG vehicles on the route until 3:30 p.m.
- Mostly level terrain with some moderate hills
- Training? Use our multiple loop routes to get in your miles

## The Arlington 500

Register early for the best price!

Register online with QR or go to: [bikereg.com/arlington-500](http://bikereg.com/arlington-500)



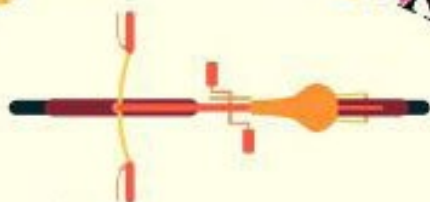
# Sunday June 2, 2024

For more information scan our QR code or go to: [cyclearlington.com/500](http://cyclearlington.com/500)





FOLKS ON SPOKES



SPRING FLING  
2024

**SPRING FLING #43  
2024  
(FORMERLY THE EASTER RIDE)**

**Sunday, June 2, 2024**

**START LOCATION:  
MONEE RESERVOIR  
27341 S. RIDGELAND  
MONEE, IL**

**Cloverleaf routes  
18+37+42 Miles  
PLUS METRIC CENTURY ROUTE  
Register online  
starting May 1st:  
[www.folksonspokes.com](http://www.folksonspokes.com)**

**HOMEMADE COOKIES!!**

**BICYCLE ILLINOIS**



**BIKE WISCONSIN**  
Now owned & operated by Bicycle Illinois!

**2024 EVENT SCHEDULE**

**Illini Weekend Getaway**

Champaign, IL  
Fri. May 17th - Sun. May 19th

**GRABAAWR**

Eagle River to Prairie du Chien, WI  
Sat. June 8th - Sat. June 15th

**Ride Across Illinois (RAIL) North**

Moline to Chicago, IL  
Sun. June 16th

**Ride Across Illinois (RAIL) South**

St. Louis, MO to Vincennes, IN  
Sat. June 22nd

**Bike Northwoods Tour**

Boulder Junction, Park Falls, & Minocqua, WI  
Sat. July 6th - Fri. July 12th

**Tri-State Tour Chicago Century #1**

Whiting, IN to Kenosha, WI  
Sun. July 14th

**RAGBRAI® Transportation Service**

Chicago, IL to the start and from the end of RAGBRAI  
Sat. July 20th and Sat. July 27th

**SAGBRAW**

Wisconsin Dells, Green Lake & Columbus, WI  
Sat. August 3rd - Fri. August 9th

**Bicycle Illinois**

Cairo to Chicago, IL  
Sat. August 17th - Fri. August 23rd

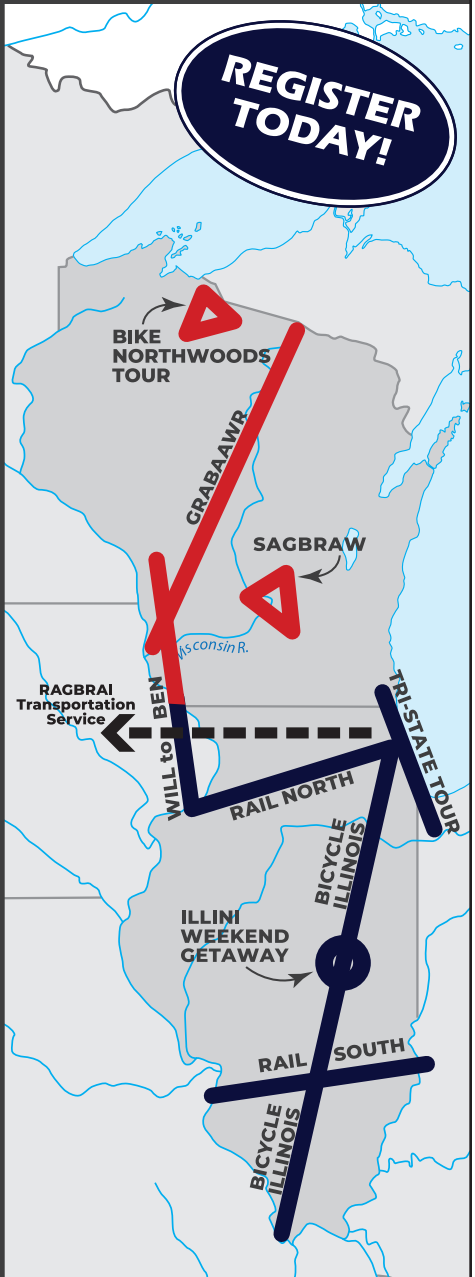
**Tri-State Tour Chicago Century #2**

Whiting, IN to Kenosha, WI  
Sat. August 24th

**Will to Ben**

Port Byron, IL to Sparta, WI  
Sat. October 5th - Fri. October 11th

**REGISTER TODAY!**

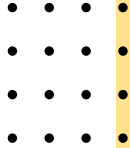


(877) TOUR-ILL  
bicycleillinois.com

(888) BIKE-WI-1  
bikewisconsin.com



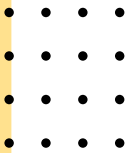
**Bicycle Club of Lake Country Presents**



**Recreational to Advanced Cyclists**  
**Tour through scenic northeastern Illinois**  
**and southeastern Wisconsin**

**The ride starts and stops at**  
**Wilmot Tubing Chalet**  
**22, 30, 50, 60, 70, 80, 100 mile routes**

**Rest stop with food & live music,**  
**SAG support, marked roads,**  
**maps & GPS files**



*Plus Cookout & More*



**REGISTER NOW**

[www.bikebclc.com](http://www.bikebclc.com)



20  24

**EVERYBODY**

**RIDES**

PRESENTED BY



*RIDE. VOLUNTEER.*

*SPONSOR. DONATE.*

**SUNDAY 6/9**

**JAMES O. BREEN PARK, ST. CHARLES, IL**

**BEER GARDEN  
FULLY SUPPORTED  
RIDES**

**FOOD / LIVE MUSIC  
ADAPTIVE BIKE  
GIVEAWAY**

**REGISTER NOW!  
EVERYBODYRIDE.ORG**

**NEW 1.6 Mile Kid  
Friendly Trail Ride  
+ Rest Stop**

*{Face Painting, Playground & more!}*

**10 Mile Trail Ride  
29 Mile Road Ride  
47 Mile Road Ride  
62 Mile Road Ride**

TO BENEFIT  
**project mobility**  
Changing lives one bike at a time



## Our 2024 route tours Central Illinois, with three- and six-day options

- Limited spots available
- Fully supported
- 203-400 total miles
- Mix of trails and roads

**Learn more at [rideillinois.org](https://rideillinois.org)**



# SAVE THE DATE!

## 2024 Food Bank Flyer Saturday, June 15, 2024

**20/40/60 Mile Routes**  
**Rain or shine Lunch Served**



The Food Bank Flyer offers multiple routes through beautiful central Illinois countryside. Due to support from our generous sponsors, 100% of the proceeds go directly to Midwest Food Bank.

For complete details or to register, go to

**Team224.org**

*Team* **224**

2012

**MATTHEW 25:35-36**

**Ride benefits Midwest Food Bank**



JOIN US AT THE 12TH ANNUAL

# ZTOUR

22  
JUNE

PRINCETON,  
ILLINOIS

REGISTER TODAY AT  
[WWW.ZTOUR.ORG](http://WWW.ZTOUR.ORG)



WELL-MARKED AND SUPPORTED ROUTES RANGE FROM 10 TO 102 MILES INCORPORATING FLAT ROADS, ROLLING TERRAIN, AND BEAUTIFUL VIEWS OF BUREAU CREEK AND THE HENNEPIN CANAL ALL WITH MINIMAL TRAFFIC.







jolietbicycleclub.com

Visit our [website](http://jolietbicycleclub.com) for more information



**6:30 AM Ride Start!**

**33% Discount on a JBC Membership!**

- Come Celebrate the 49<sup>th</sup> Annual 4<sup>th</sup> of July Ride!
- Pre-register between April 1 - June 30 for only \$25.
- Register on July 4<sup>th</sup> for \$30.
- Start Location: Plainfield South High School.
- 7800 West Caton Farm Rd, Plainfield, IL.
- Very Low Traffic Roads in Kendall County.
- Choose from 30, 50 and 75 mile routes.
- Receive a 33% discount on a JBC membership when bundled with your registration.
- Visit the [JBC Website](http://jolietbicycleclub.com) for more details.

**Rider Testimonials:**

“I look forward to this ride every year!”

“It’s a quality ride for a great price.”

“JBC has the best SAG support I have ever experienced.”



54th ANNUAL  
**SWEDISH DAYS RIDE**

FOX VALLEY BICYCLE & SKI CLUB • FVBSC.ORG

The Fox Valley Bicycle & Ski Club's premier recreational bike tour featuring quiet, scenic, paved roads through rural Kane, Kendall and DeKalb counties.

**SUNDAY, JULY 7, 2024**

**Harter Middle School, Sugar Grove, IL**

Featuring 12 • 28 • 51 • 73 • 103 • 133 mile routes  
(or mix & match loops to create your own distance)

Fully supported with SAG and indoor rest stop

[www.fvbsc.org](http://www.fvbsc.org)



SUPPORTING:





Kishwaukee DeKalb Kiwanis Club

# Biking with Beanie

Sunday, July 14, 2024



**Multiple Ride Distances Available**

Registration FREE for Kids 12 & under  
(w/ paid adult rider)



## 2024 Ride Highlights

- 25th Anniversary Ride
- Starting location  
1515 S. Fourth St., DeKalb
- Route maps in Ride with GPS.
- Hydration options and individually-packed snacks will be available.



More Ride Info and Registration

[www.kishkiwanis.org](http://www.kishkiwanis.org)

Facebook

[beanzieride](#)



ROCK RIVER VALLEY BICYCLE CLUB'S 5TH ANNUAL

# Hammer for HOPE



*A fundraising fun bike ride!*

10MI • 50K • 100K • 100MI

# 8.3.24

*With optional sunrise start.*

# \$40

Before 7.13.24 & **\$45** after.  
13 & Under **\$20** w/ paid adult.

Location: Dixon, IL  
Questions? 815-288-4673

Register at  
[homeofhopeonline.org](http://homeofhopeonline.org)



All proceeds benefit Hope Cancer Wellness Center!



25% OFF  
FOR FIRST TIME  
RIDERS ON THE  
TWO DAY RIDE!



RESPIRATORY HEALTH ASSOCIATION®

BIKE TRAILS, EPIC TALES.

# COWALUNGA™ CHARITY BIKE TOUR

AUGUST 3RD & 4TH, 2024



## ARE YOU READY TO JOIN THE HERD?

THIS YEAR'S COWALUNGA™ CHARITY BIKE TOUR IS GEARING UP TO BE ONE MOOO'VELOUS WEEKEND! EXPLORE PICTURESQUE LANDSCAPES AND CHARMING TOWNS AS YOU CYCLE THROUGH NORTHERN ILLINOIS INTO WISCONSIN ON ROUTES DESIGNED FOR ALL SKILL LEVELS.

CHOOSE A ONE DAY RIDE (18, 30, OR 65 MILES) OR A TWO DAY RIDE (135 MILES)!

EVERY MILE YOU RIDE HELPS RHA™ FIGHT FOR HEALTHY LUNGS AND CLEAN AIR FOR ALL.



REGISTER FOR YOUR SPOT NOW AT [RESPHEALTH.ORG/COW](https://resphealth.org/cow)



Presented by



NAPERVILLE

# Rotary Ride

**SUNDAY - 8.11.2024**

COMMISSIONERS PARK - NAPERVILLE, IL

*In memory of Carmen DiGiovine*

SCAN ME



**21, 41, AND 62 (METRIC CENTURY) MILE ROUTES**  
**REGISTRATION IS \$30 BY JULY 5 / \$40 BY JULY 31 / \$50 IN AUGUST**

Start/finish at Commissioners Park, 3704 111th St. in south Naperville ★ Riders may start between 6:30AM and 10AM ★ All routes are SAG supported with staffed rest stops with food and drinks ★ Ride day registration available ★ Light lunch will be served ★ Proceeds benefit Rotary Charities ★ Hosted by The Rotary Club of Naperville-Sunrise

**NapervilleRotaryRide.com**



**2024** | **LA CROSSE** »»» **MILWAUKEE**  
**235 MILES** ««« **8/17-8/18**

For more information, visit  
**[RideAcrossWisconsin.com](http://RideAcrossWisconsin.com)**



# 2024 Busse Woods Night Ride

## Saturday August 24

**FRIENDS OF CYCLING**  
ELK GROVE EST. 2012

**FOREST PRESERVES**  
of Cook County

### RIDE THE BUSSE WOODS TRAIL AT NIGHT!

The Friends of Cycling in Elk Grove and Forest Preserves of Cook County are excited to host this fun, unique event. August 24 is the one and only date in 2024 when one is permitted to ride the trail at Busse Woods after dark! This family-friendly fundraiser takes place at the Busse Lake Boating Center.

Ride under the moonlight and stay for the party. All participants will enjoy live music, fire pits, refreshments, s'mores, food (for purchase), and more!

Proceeds will be used to support biking for recreation and transportation in Elk Grove Village, the northwest suburbs of Chicago, and the forest preserves.

Visit [egybikes.org/busse-woods-night-ride](http://egybikes.org/busse-woods-night-ride) to learn more.



# Let's ride, ILLINOIS!

## September 6-15

Taking place from September 6 through 15 with casual, family-friendly rides around the state, **Let's Ride, Illinois is a celebration of the freedom and benefits that riding a bike offers.** The affiliated, community bike rides are free of charge and open to all. This event encourages adults and children from Rockford to Cairo (and all places in between) to enjoy a casual bike ride with their neighbors and to experience their community by bike. **Let's ride, Illinois!**



Ride Illinois has developed some materials and resources to assist with planning fun, meaningful, successful rides. Help us reach our goal of 30 or more community rides during 2024 Let's Ride, Illinois.

Contact [gina@rideillinois.org](mailto:gina@rideillinois.org) to start planning your ride today!



## Announcing the date for our next annual celebration ride

Saturday, September 7, 2024

Early registration is available now, [click here](#) or on the image below to register!

Join [Major Taylor Trail Keepers](#) Chicago for the Annual Celebration Ride on Saturday, September 7, 2024. Ride with us to promote health, community, and active living in underserved neighborhoods on Chicago's South Side. Let's pedal together for positive change and a healthier future. [Register now](#) and be a part of this impactful event!

### What to Expect:

- **Date with Purpose:** On Saturday, September 7, 2024, pedal with a purpose as we come together to make a positive impact on our communities.
- **Community Unity:** Experience the unity of neighbors as we promote positive interactions and inclusivity. Public transit users, cyclists, and walkers, all together, create a stronger, healthier community.
- **Health and Wellness:** Discover the numerous health benefits of active transportation. Whether you choose to ride a bike, take public transit, or enjoy a walk, you're contributing to your well-being and happiness.
- **Explore Scenic Routes:** Our ride will take you through scenic bike trails and pathways in the comfort of your neighborhood. Enjoy the sights and get invaluable exercise along the way.
- **Promote Sustainability:** Bicycling is not only an eco-friendly mode of transportation but also a fun and efficient way to stay active. It's family-friendly and adaptable to all ages and physical abilities.
- **Advocating for Change:** Major Taylor Trail Keepers Chicago is committed to advocating for equitable, inclusive, and prosperous communities. We work to increase the number of family-friendly bike trails and promote safe biking in South Side neighborhoods.
- **Walking Trails:** For those who prefer walking, we're enhancing the region's walkability. Enjoy a relaxing stroll through your neighborhood on South Side walking and biking trails.

### Get Involved

This is more than just a ride; it's a movement towards healthier, happier communities. [Register now](#) for the Major Taylor Trail Keepers Ride and become a part of our mission to promote active and healthy living in historically underserved neighborhoods.

### Spread the Word

Help us make a bigger impact by inviting your friends, family, and neighbors to join this celebration of community and well-being. Share this event and use the hashtag #PedalForChangeCHI to connect with fellow participants.

Don't miss this opportunity to ride with purpose and create positive change in our communities. Together, we can make a difference!



EVANSTON BICYCLE CLUB  
**NORTH SHORE CENTURY**

SEPTEMBER 15  
 2024  
 ROUTES OF  
 25, 50, 62, 100

FRIENDS

**THE JOY IS IN THE JOURNEY**

The Evanston Bicycle Club's North Shore Century offers incredibly scenic biking on routes of 25, 50, 62, and

100 miles. You'll experience beautiful neighborhoods, view unique architectural treasures, pedal down tranquil tree-lined streets and feel the refreshing breezes of Lake Michigan. There are frequent, well-stocked rest stops. Sags and bike mechanics are provided.

The 2024 North Shore Century is on **Sunday, September 15**. All rides start and end at Dawes Park located at 1647 Sheridan Road, Evanston, Illinois.

**REGISTRATION AND FEES**

- July 1 – September 1, 2024 .....\$40
- September 2 – September 14, 2024.....\$50
- September 15 – Day-of-Ride .....\$60
  - Online registration only for Day-of-Ride
  - Registration is open until 11a.m. if capacity is available
- Riders age 17 and under .....\$10
  - Must be accompanied by a registered adult rider



For more info and to register, go to  
[www.northshorecentury.org](http://www.northshorecentury.org)  
 #northshorecentury

COMMEMORATIVE T-SHIRTS  
 ARE AVAILABLE!



FAMILY



FOOD



SCENERY



SUPPORT



**39th  
annual!**



# Amish Country Bicycle Tour

**September 21, 2024**



**Scenic routes!**



**Scan for  
full details**



**Great Photo  
Ops!**

**Enjoy quiet country backroads, a well stocked rest area, and ride along with horse drawn buggies!**

For more information and to register, visit  
[www.decaturbicycleclub.org/amish-country-tour/](http://www.decaturbicycleclub.org/amish-country-tour/)





# CYCLEDDELIC ENDURANCE CHALLENGE September 28-29, 2024 FOR



St. Jude Children's<sup>®</sup>  
Research Hospital  
Finding cures. Saving children.

6 and 24 hour Off Road Bicycle Endurance Challenge  
Suitable for Gravel Bike, Mountain Bike or Fat Tire Bike  
Compete as an Individual or as a Relay Team!

[www.cycledelicendurance.com](http://www.cycledelicendurance.com)

Three Sisters Park 17189 N. Route 29 Chillicothe, IL

Hosted by Clydesdale Cycling 



**EQUITICITY**  
POWER • EQUITY >

# CHICAGO BIKE COLLECTIVE RIDE

FRI, NOV 1, 2023

Meet 6PM | Ride 7PM



**COSTUMES ENCOURAGED**

**HENRY C.  
PALMISANO**

Nature Park  
2700 S Halsted St, Chicago



[eventnoire.com/e/the-5th-annual-chicago-bike-collective-ride](https://eventnoire.com/e/the-5th-annual-chicago-bike-collective-ride)

# EQUITICITY

POWER EQUITY

THE GO HUB PRESENTS

## THE NORTH LAWNSDALE RACIAL JUSTICE RIDE

ON

## DR. KING HOLIDAY

MONDAY, JAN 20, 2025

MEET 10 AM

RIDE 11 AM - 12:30 PM

LAWNSDALE CHRISTIAN FITNESS CENTER  
3750 W OGDEN AVENUE, CHICAGO

TRAINING GET READY RUSHING!

RSVP: [events.eventnoire.com/e/the-north-lawnsdale-racial-justice-ride](https://events.eventnoire.com/e/the-north-lawnsdale-racial-justice-ride)



ride ILLINOIS

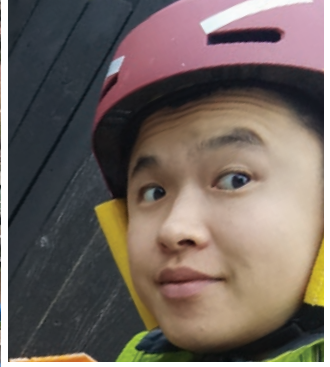


DR. MARTIN LUTHER

# KING



Encouraging and celebrating everyday trips by bike



**YOU CAN  
BIKE  
THERE  
TOO!**



Share your story

Learn more and share your story at [icanbikethere.org](https://icanbikethere.org)

The **I Can Bike There** campaign aims to educate the public and encourage them to use their bikes for everyday trips and explore new routes, while celebrating those who already use their bicycle as a practical, sustainable mode of transportation.